We claim:

- 1. A preparation of the endogenous Ah receptor ligand.
- 2. The preparation of claim 1 wherein the ligand has the following formula:

- 3. The preparation of claim 1 wherein the preparation is at least 90% pure.
- 4. The preparation of claim 3 wherein the preparation is at least 95% pure.
- 5. The preparation of claim 1 wherein the ligand is isolated from animal tissues.

6. A preparation of Ah receptor ligand analog, wherein the analog is of the formula:

$$R^2$$
 R^3
 R^4
 R^6
 R^7
 R^9
 R^8

Wherein

R¹, R², R³, R⁴, R⁵, and R⁸ are selected from the group consisting of H, lower alkyl (1-5 carbons), Br, F, Cl, O-acyl (1-5 C) and OR¹⁰ where R¹⁰=H, lower alkyl (1-5 C); R⁶ and R⁷ taken together may be O; or when R⁶=H, then R⁷ can be H, OH, Br, F, Cl, OR¹¹ where R¹¹=alkyl (1-5 C); or when R⁷=H, then R⁶ can be H, OH, Br, F, Cl, OR¹¹ where R¹¹=alkyl (1-5 C);

0

R⁹ can be O-C-R¹², wherein R¹² is selected from the group consisting of alkyl (1-5

C), aryl, fluoromethyl, difluoromethyl, and trifluoromethyl; or

0

 R^9 can be $-C-O-R^{13}$, where R^{13} is selected from the group consisting of alkyl (1-5

C), aryl, fluoromethyl, difluoromethyl, and trifluoromethyl; or

0

 R^9 can be $-C-R^{14}$, where R^{14} =is selected from the group consisting of alkyl (1-5)

C), fluoromethyl, difluoromethyl, and trifluoromethyl; or

OH I

 R^9 can be $-C-R^{15}$, where R^{15} is selected from the group consisting of alkyl

(1-5 C), fluoro methyl, difluoro methyl, and trifluoro methyl, and

X, Y, Z are selected from the group consisting of C, N, O, and S.

١.

II.

III.

7. A preparation of Ah receptor ligand analog, wherein the analog is selected from the group consisting of I, II and III, wherein:

OH
$$(CH_2)_n CH_3$$

$$n = 0-5$$

- 8. A method of preparing endogenous Ah receptor ligand comprising the steps of:
- a) obtaining and homogenizing an animal organ, wherein the organ contains the Ah receptor ligand, wherein a homogenate is formed,
- b) extracting the homogenate of step (a) with a solvent, wherein an extract is formed,
 - c) heating the extract, and
 - d) purifying the ligand through a chloroform gradient.
- 9. The method of claim 8 wherein the animal organ is selected for the group consisting of lung, liver, brain, bone, and muscle.
 - 10. The method of claim 8 wherein the extraction is with methanol.
- 11. The method of claim 8 wherein the extract is flushed with nitrogen gas, stirred and centrifuged.
- 12. The method of claim 8 wherein the extract is heated at between 90°C-110°C with H₂SO₄.
- 13. The method of claim 8 wherein the extract is purified through silica batch purification.
- 14. The method of claim 8 wherein the ligand is further purified on HPLC columns.
- 15. The method of claim 8 further comprising the step of determining ligand activity.